

# Ascot Academy of Dance

**Adult Ballet classes resuming in September  
Fridays 11:30-12:30**



Miss Phoebe will be welcoming adults aged 18+ to take part in weekly ballet classes.

This is a mixed class for beginners or returning dancers, working on stretching, toning and limbering using the basic fundamentals of balletic technique.

If you would like to book a place for your dancer please do email ASAP to ensure they get a spot.

[ascotdancelucie@gmail.com](mailto:ascotdancelucie@gmail.com)

It does not matter if you have any previous dancing experience, all are welcome at AAD!